CBC Christian Education Ministry Presents

SPRINGBOARD Foundations Course 2022

>>> Information Session



What is SPRINGBOARD?

CBC's adult **discipleship course** to develop a good **foundation** for Calvarians to grow in their Christian faith, by:

- grounding themselves in a **systematic understanding of core doctrines** (the most important teachings and beliefs of Christianity)
- nurture life-long spiritual habits of bible-reading and meditation and theological reflection
- build spiritual friendships with a committed group of Calvarians over a period of time



CBC Spiritual Growth Roadmap

"I planted, Apollos watered, but God gave the growth." - 1 Corinthians 3:6 (ESV)



ALPHA

Pre-Believer: Exploring the Faith



BASICS

Spiritual Infant: Establishing the Faith



CHURCH

Committing to the Local Church through Baptism and Membership



DISCIPLESHIP

Deepening Roots and Strengthening Foundations



EQUIPPING

Growing in Ministry and Service



GOING

Making Disciples,
Missions &
Outreach



In Community (church-wide, ministry-wide and small groups)

Why SPRINGBOARD?

- Discipleship the continued commitment to follow our Master Jesus
- **Journey** as individuals and a community **to grow toward Christlikeness** or "the fullness of Christ" (Ephesians 4:13)
 - A growing knowledge of the gospel →
 - A growing desire to know and love Christ →
 - A growing surrender to follow Him "in denying ourselves, taking up our cross and following Him" (Luke 9:23)



Why SPRINGBOARD?

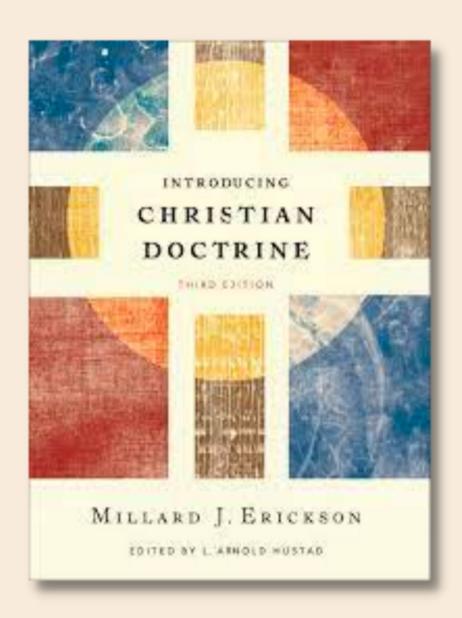
- Purpose of Christian Education Ministry
 - "to present every Calvarian mature in Christ" (Colossians 1:28)
 - Not just knowledge transfer, but facilitating and nurturing affections
- SPRINGBOARD therefore hopes to develop and nurture a foundation that can help 'springboard' Calvarians to being able to grow interdependently!
 - Developing / deepening roots
 - Staying rooted in Christ and His Church



- Pilot Run: 5 March 16 July 2022
- 20 weeks (17 weeks of learning with week breaks in-between)
- Hybrid, Flipped-Classroom Approach
 - o individual Bible readings and study (online)
 - o small-group discussions, reflections and prayer time (online or in-person)
 - large-group talks and Q&A (in-person)



- Covering through a Systematic Theology topical outline
- Each week:
 - Individual Study
 - Learning through reading and meditating on bible passages related to the topic (10 mins x 5 days)
 - Summary Teaching Points regarding topics covered for the week
 - At least 1 supplementary material per week





- Each week:
 - Either Small Group Discussion (~40-60 mins, online or in-person)
 - Meet in your group of 2-3 to share lessons from the week's reading
 - Discuss group reflection questions provided and work on submission due Sunday night
 - Share prayer requests and pray for one another
 - Submission: group reflection on online classroom (find out what other small groups think, interact with one another's reflections)



- or Live Talk and Q&A (90 mins, in-person)
 - Meet cohort for live talk related to topics covered in past weeks
 - Q&A for anything that arose in self-study or small group discussions
 - Submission: individual reflection on your takeaways from past weeks and live talk (private submission)
- Ongoing Online Classroom:
 - Interaction with facilitators and other participants on the online classroom platform



Saturdays	Session	Module	Mode for Saturday meeting	Submission by Sunday night
5 Mar 2022	#1	Bible	Live Seminar and Q&A	Individual Reflection
12 Mar 2022	#2	Bible	Small Group Discussion	Group Reflection
19 Mar 2022	#3	God	Small Group Discussion	Group Reflection
26 Mar 2022	#4	God	Small Group Discussion	Group Reflection
2 Apr 2022	#5	God	Live Seminar and Q&A	Individual Reflection
9 Apr 2022	#6	Humanity	Small Group Discussion	Group Reflection
16 Apr 2022			Easter Break	
23 Apr 2022	#7	Humanity	Small Group Discussion	Group Reflection
30 Apr 2022	#8	Christ	Small Group Discussion	Group Reflection
7 May 2022	#9	Christ	Small Group Discussion	Group Reflection
14 May 2022	#10	Christ & Holy Spirit	Live Seminar and Q&A	Individual Reflection
21 May 2022	#11	Holy Spirit	Small Group Discussion	Group Reflection
28 May 2022			Break	
4 Jun 2022	#12	Salvation	Small Group Discussion	Group Reflection
11 Jun 2022	#13	Salvation	Small Group Discussion	Group Reflection
18 Jun 2022	#14	Salvation & Church	Small Group Discussion	Group Reflection
25 Jun 2022	#15	Church	Live Seminar and Q&A	Individual Reflection
2 Jul 2022	#16	End Times	Small Group Discussion	Group Reflection
9 Jul 2022	#17	End Times	Live Seminar and Q&A	Individual Reflection
16 Jul 2022			Conclusion, Thanksgiving & Feedback	

Course Requirements

- Open to all Calvarians (over 18 years of age) who are:
 - Committed to following Jesus as their Lord and Saviour
 - Willing to commit to participating fully in the course activities and assignments in the 20 weeks
 - Desire to continue in the spiritual habits and the journey of spiritual growth in the Calvary community during and after the course
- As this is the pilot run of the course, we would also greatly appreciate participants who can be patient and open to give feedback on how we can improve on the future runs of the course.:)

Course Expectations

- Participants to understand that SPRINGBOARD does not make you Christian or a better Christian, but provides space and resources to help to grow to be more Christ-like
- Participants are encouraged to be actively engaged in the church community while on this discipleship journey:
 - Attending Sunday services every week (most preferably in-person)
 - In a CG and attending regularly
 - Serving in ministry in some capacity
 - Participate in P&P



Course Expectations

- Participants are encouraged to
 - make the course a priority (in daily Bible readings, small group and large group engagements) as much as possible
 - be willing and open to share with fellow participants
 - be self-motivated in actively learning directly from the Bible and with fellow Christians
 - be thoughtful and reflective about implications of topics and theology learnt, and how they should be applied to their individual lives



Any questions?



So... are you ready?

Register for the SPRINGBOARD Course starting 5 March at https://www.calvary.org.sg/events/2022/springboard

Registration deadline: 27 February Sunday

Questions? Contact the church office or the CE team!

